

Pola Muzyka
AKA PAULA MITCHELL
SAG/AFTRA

AGE RANGE: 45-70
Contact: 678-493-0626

ACTRESS (feature & starring roles)

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|---|-------------------------|
| 1. Goodnight, Sweet Marilyn (1989).... Cynthia Palmer | Dir. Larry Buchanan |
| 2. Caligola (1979).... Subura Singer | Dir. Tinto Brass |
| 3. Strike Again! (1977) Louise | Dir. Lee Frost |
| 4. Goodbye, Norma Jean (1976) Cynthia Palmer | Dir. Larry Buchanan |
| 5. The Mad Bomber (1973) Shelly Hamilton | Dir. Bert I. Gordon |
| 6. Blue Money (1972) ... Louise | Dir. Alain Patrick |
| 7. The Love Machine (1971) Secretary | Dir. Jack Haley, Jr. |
| 8. Point of Terror (1971) Sally (Starring Role) | Dir. Alex Nicol |
| 9. The Low Price of Fame (1970) Susan Ryder | Dir. Jerry Schafer |
| 10. "Bonanza" Melody (1 episode, 1970) | Dir. Herschel Daugherty |
| ... aka "Ponderosa" - USA (rerun title)... aka "Ride the Wind" - USA (re-cut version) | |
| - The Big Jackpot (1970) TV episode Lead Role - Played as Melody (David Canary's Girlfriend) | |

COMMERCIALS/INDUSTRIALS/DOCUMENTARIES:

Actress, spokesperson, model, narrator, or VOs for Encyclopedia Britannica, CBS Films, Amsterdam Productions, Mobile Oil, Atlas Powder Company; Commercials for W-B Chamber of Commerce, AventisPasteur, SanofiPasteur, Newberry Estates, McDonald's, Ivory Spring, PNC Bank, Ivory Liquid and more.

RESEARCHER/WRITER/TV-HOST/PRODUCER:

(aka—POLA MUZYKA)

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|---|--------------------------------|
| 1. Host of Your Best Years Yet, 2008-Present, Host of Prom Night TV Special 1986, Host of Contemporary Woman TV Show 1984 (MEGCOMM Productions) | |
| 2. La Città Delle Donne (1980) (researcher/writer) | Director: Federico Fellini |
| ... aka "City of Women" - USA | |
| 3. Caligola... aka "Caligula" - USA (1979) (researcher) | Director: Tinto Brass |
| 4. Il Casanova di Federico Fellini (1976) (researcher) | Director: Federico Fellini |
| ... aka "Fellini's Casanova" – USA | |
| 5. Catherine the Great 1980-1982 (researcher) | Penthouse Prod. (Bob Guccione) |

THEATER-OFF BROADWAY PRODUCTIONS:

Actress, director of numerous off Broadway productions including award winning actress for "The Water Engine" Chappaqua Drama Group, NY 1981 – 8 years with the Melrose Theater in Los Angeles. Paul Kent, director.

EDUCATION AND TRAINING:

Theater Arts- UCLA 1968-70; Internship- Cine-Media West 1970-74; Language Arts- Dilitz International Language School 1978-80; Public Speaking and Human Relations- Dale Carnegie & Associates Inc. 1981; Corporate Scriptwriting-The International Professional Film and TV Workshop Rockport, Maine 1998; PA CVC Advocate Workshop 1997; Garner Writing Fiction Workshop 2008; Art- Sarah Lawrence College, Bronxville, NY 1981; Art-Pierce College, Wennetka, CA 1986-87

LANGUAGES, ACCENTS, & OTHER:

Languages: English, Italian – speak, read & write (fluent); Spanish – speak, read & write (intermediate); French – speak, read & write (beginner); Slovak – some beginner training; **Accents:** Italian, French, Indian, Southern, English, Russian, **Hobbies & Other:** – fine-art painting, writing, Bible study, missionary work, public speaking, teaching, computer proficient, teleprompter proficient, directing, drama coach, gardening, salt water fishing, deep sea fishing, shooting, basketball, air hockey, ping pong, ice skating, roller skating, horseback riding, tennis, swimming, camping, hiking, bowling, canoeing, singing, biking; **Awards:** *CSP Book of the Year 2010 Award* for fiction, Who's Who in America, Etc. and many awards for acting, writing, directing, narration, & VOs